

LATE

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**From:** Summer-Lee K Faria [sfaria@hawaii.rr.com]  
**Sent:** Thursday, March 26, 2009 4:19 PM  
**To:** HLTtestimony  
**Subject:** HR 185 & HCR-215

Aloha,

I am writing in support of HR 185, HCR-215

The World Health Organization recommends a no more than 15% cesarean rate, the percentage is more than 30% nationally. Hawai`i is 26% as of 2006

The government and the public need to know what our hospitals are doing to lower these crazy numbers.

This bill needs to go through, for our government to SAVE money and for ALL our babies to be born healthy

Mahalo,

*Summer-Lee Faria  
Hawai`i Sales Representative  
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*As seen in Preemie magazine, Mothering magazine, Alternative medicine, People, US weekly, Life and Style, Celebrity Living & more!*

LATE

Representative Ryan I. Yamane, Chair  
Representative Scott Y. Nishimoto, Vice-Chair  
Committee on Health

Kaleimomi Cezar  
95-1037 Hoama Street  
Mililani, Hawaii 96789  
Friday, March 27, 2009

Support of House Resolution 185, Relating to Hospital Policies Regarding Elective  
Cesareans and Inductions

My name is Kaleimomi Cezar and on January 12, 2009 I was induced at 39 weeks. As a first-time mother, I was apprehensive about having to be induced, and also very worried about going into pre-term labor prior to my induction at 39 weeks.

I was diagnosed with Gestational Diabetes during my third trimester of pregnancy, and I was educated in both the pros and cons of having this condition. One of the most important piece of information that stuck with me through out the rest of my pregnancy was that due to my condition, my baby could be 10lbs and may need to be delivered earlier than 39 weeks. I was also reassured that if I stuck to a strict diet and used insulin as prescribed, I could change the outcome of having to deliver earlier than 39 weeks.

I am testifying in support of House Resolution 185 because I believe that premature births are on the rise here in Hawaii, and I believe that the Department of Health should conduct an assessment and review of the criteria used to determine the need for elective cesareans and inductions and of the policies and procedures used by hospitals to reduce elective cesareans and inductions.

Although, my own personal induction was medically necessary, I believe that all babies in utero deserve the chance to be healthy and to be born at term. I also believe that education and good prenatal care under a physician is important to help babies be born healthy.

Thank you for the opportunity to testify on this matter.